

Quality-of-Life

Lifestyle and QoL

by Tracey Campbell

based on the World Health Organization Quality of Life scales



Lifestyle is about the way we look.



Lifestyle is about the places we go.



Lifestyle is about the things we do.



Lifestyle is about getting things we want and need.



Lifestyle is about money.



Lifestyle is about feeling safe.



Lifestyle is about things in our home.



QoL helps people think and talk about lifestyle.

