

Quality-of-Life

Physical health and QoL

by Tracey Campbell

based on the World Health Organization Quality of Life scales



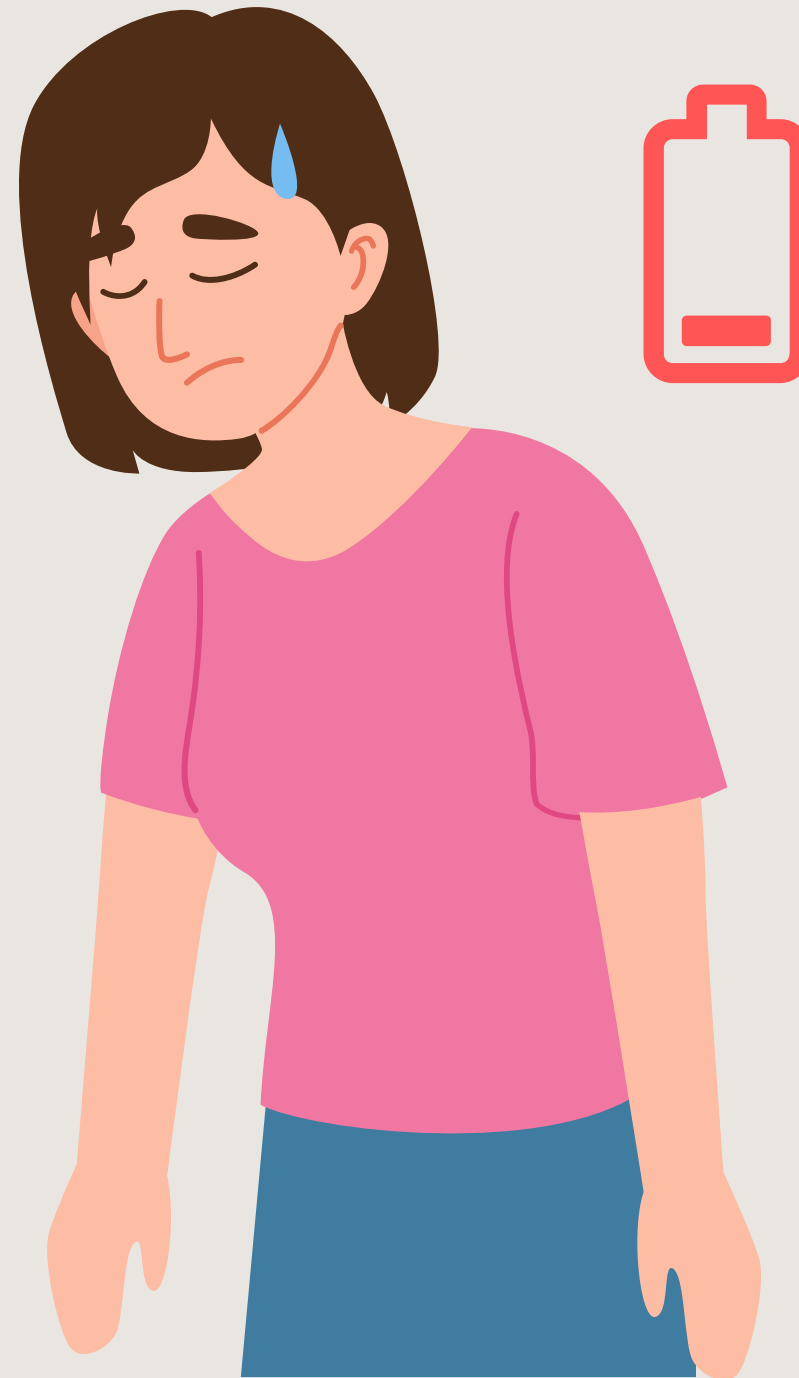
Physical health is about pain.



Physical health is about feeling well.



Physical health is about energy levels.



Physical health is about how well you can move your body.



Physical health is about having good health professionals when you need them.



Disabled people may have pain, feel tired or unwell, or not be able to move well some or all of the time.



QoL helps people think and talk about the differences in physical health.

