

Quality-of-Life

Communication and QoL

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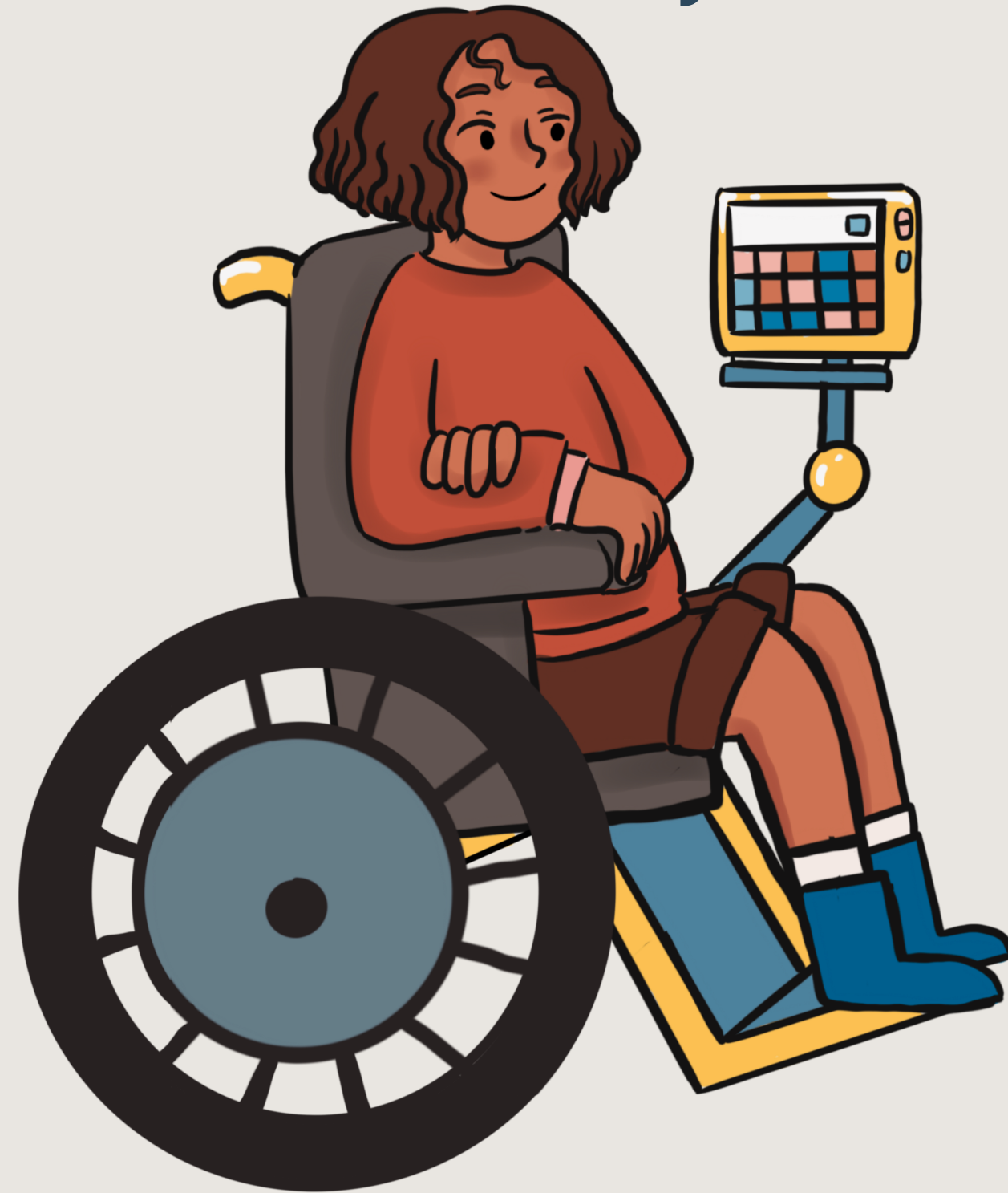
based on the World Health Organization Quality of Life scales



Communication is about people understanding each other.



Communication is about having the words and opportunity to say what you want to say.



Communication is about people listening to everything you say, however you say it.



Communication is about people saying things in a way that the other person can understand.



Communication is about being able to think about what is being said.



Communication is about getting the information you need.



Communicating well with others can make us feel good.



QoL helps people think and talk about communication.

