

# COMMUNICATION AND EQUINE THERAPY

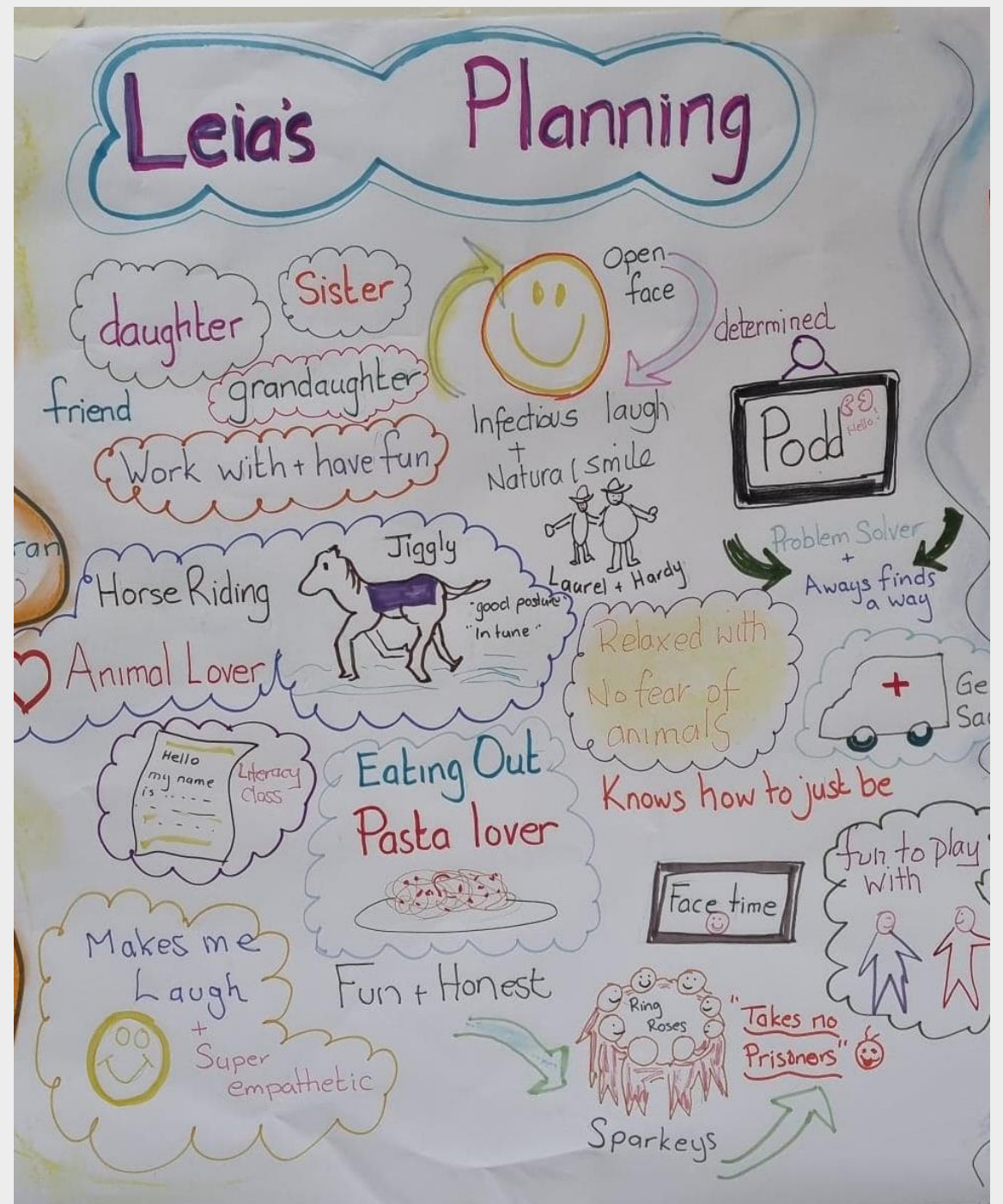


# WHO AM I?

- ❑ Mum to 16 year old with Angelman syndrome.
- ❑ Formally a Biomedical Scientist, Training Manager in Microbiology.
- ❑ Now an entrepreneur, a business owner, a communication consultant, teacher of literacy, behaviour expert and life coach.



# WHO IS LEIA?





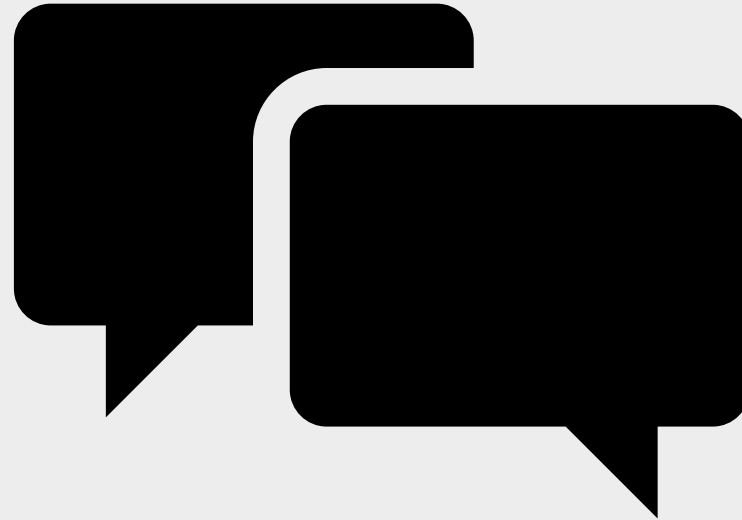






# COMMUNICATION DEFINITIONS

□ The imparting or exchanging of information by speaking, writing, or using some other medium. (Google)





# COMMUNICATION DEFINITIONS



Communication is the essence of human interaction and learning.



Communication is a basic human right and essential to our quality of life as a social species. (International Society for AAC or ISAAC)



It is a basic human need, a basic human right. And much more than this it is a basic human power. (Bob Williams)

Everyone can and does  
communicate. It's up to us to listen  
to what people are saying.



Did you know that using a symbol based language system can help people to understand language? This is one reason why everyone should have robust communication.







The most important communication?

# WHAT WAYS HAVE YOU OBSERVED PEOPLE SAYING YES OR NO?

Let's use the whiteboard to write ideas  
of how people might say yes or no





# TEACHING YES/NO

- ☐ Observe natural movements
- ☐ Once you see movements describe what you see and say what you think it means
- ☐ Can take time so be consistent
- ☐ You must accept whatever they say even if you think it could be wrong



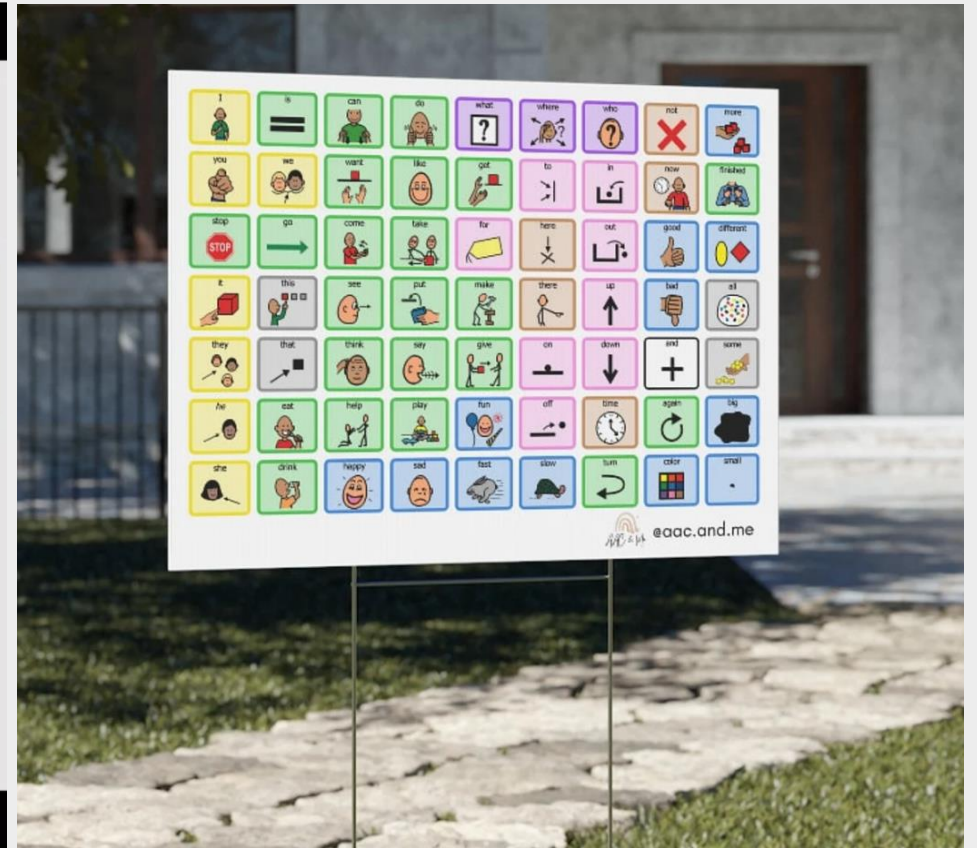
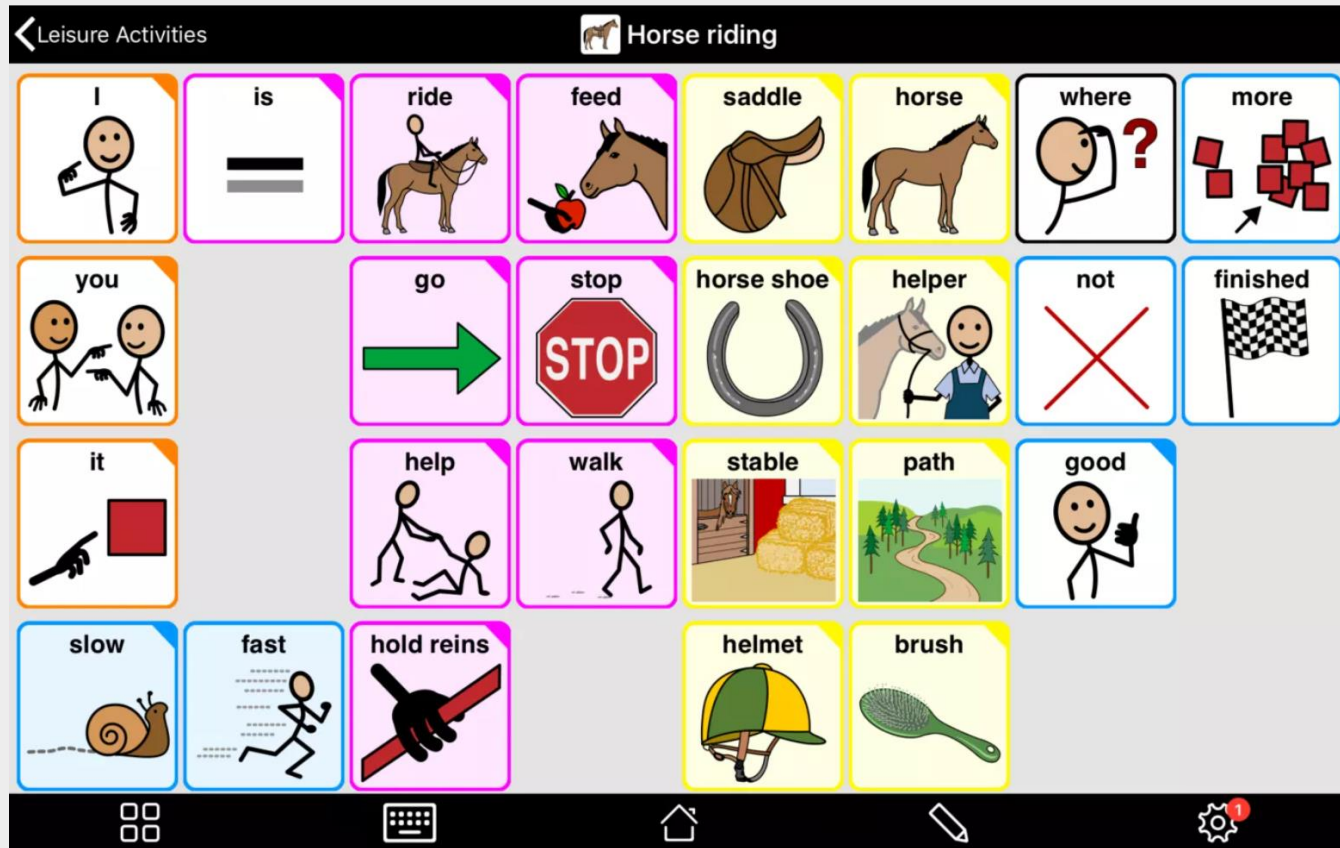
# USING VISUALS



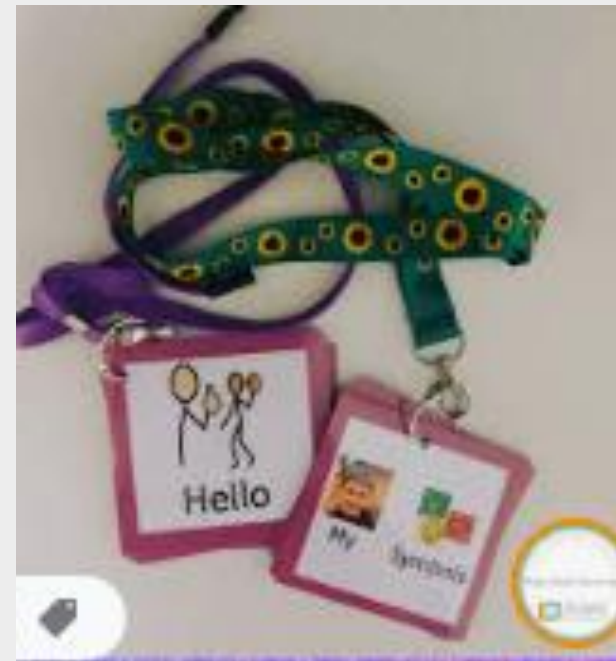
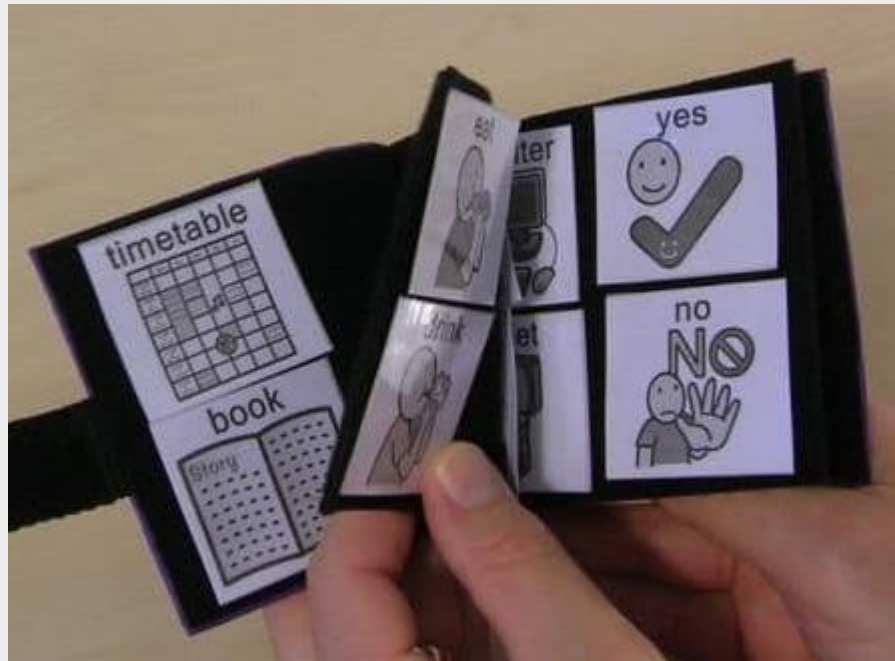
- ❑ Sometimes spoken words are difficult to process
- ❑ Using a visual as well as spoken words can help with understanding
- ❑ Symbols or other concrete visuals are also good for remembering information over time
- ❑ We all use visuals



# AIDED LANGUAGE DISPLAYS



# WEARING SYMBOLS





# WHAT WORDS WOULD YOU LIKE ACCESS TO FOR EQUINE FACILITATED LEARNING?



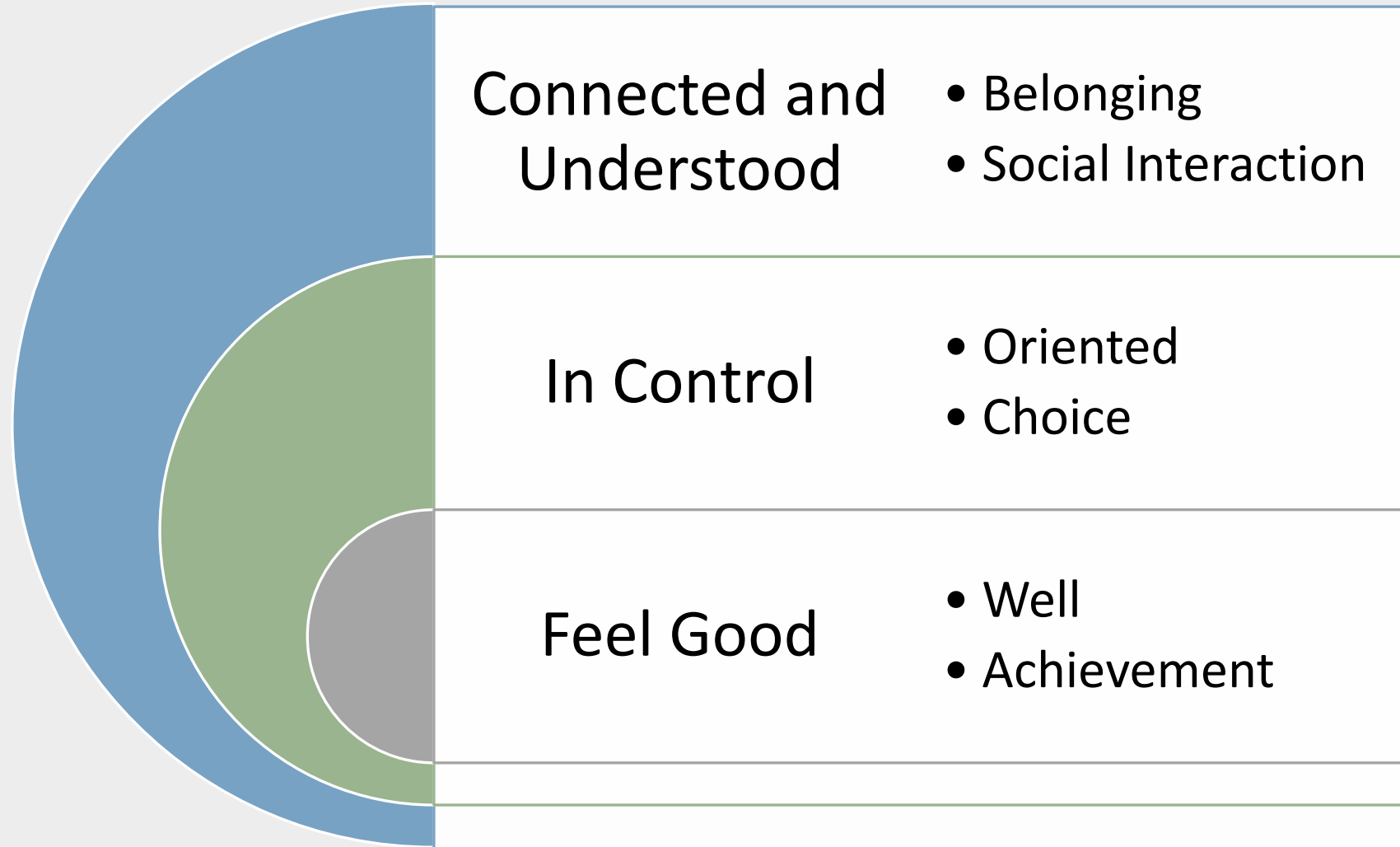
If you only had limited words what ones  
what you want to say for equine  
facilitated learning.

You will need high frequency words as  
well as nouns. This means up, get, want,  
I, etc.

In breakout rooms discuss and write  
down the words you might use.



# UNDERLYING NEEDS



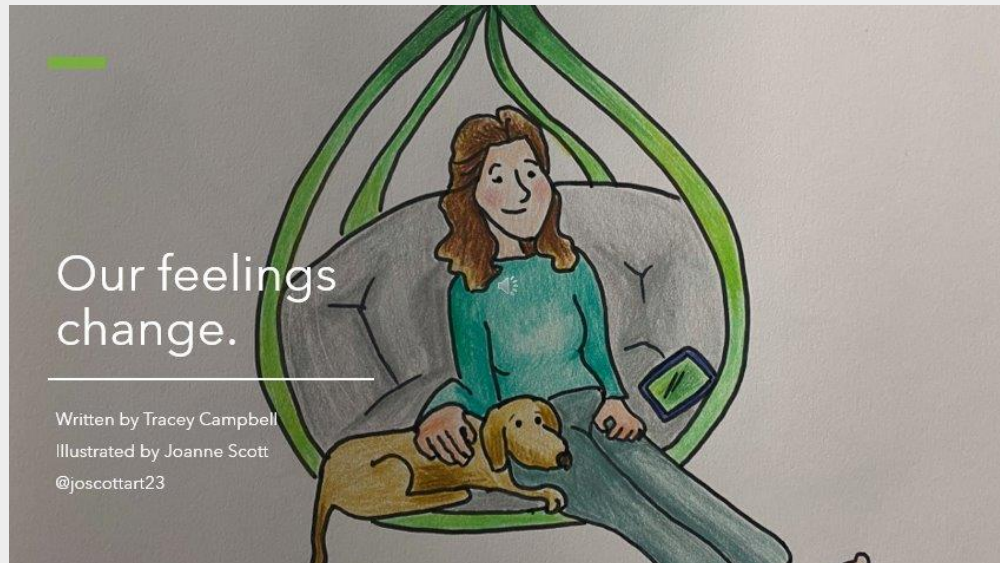
# INFORMATION



- ☐ We all need information to function and to make good decisions
- ☐ Often we don't give people with disabilities enough information
- ☐ This can be especially true if they don't have the ability to ask questions or gather information by themselves



# WAYS TO GIVE INFORMATION



## cup of tea



fill kettle with water



turn kettle on



put tea bag in a mug



when kettles boiled  
pour hot water on tea bag



stir tea bag then take tea  
bag out of the mug



pour a little milk into the  
mug



enjoy your cup of tea

# WHAT INFORMATION DO PEOPLE NEED ABOUT EFL?



What information do people need about EFL?

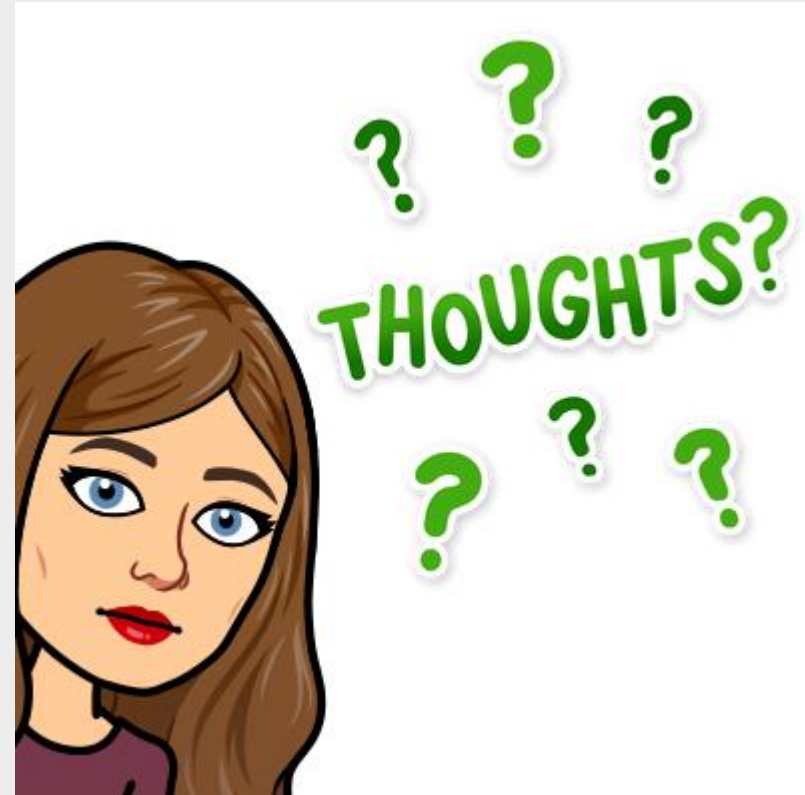
What ways could you share that information?

Remember visuals help but do not symbolise text.

In breakout rooms discuss and write down the information that people need and good ways to share that information.

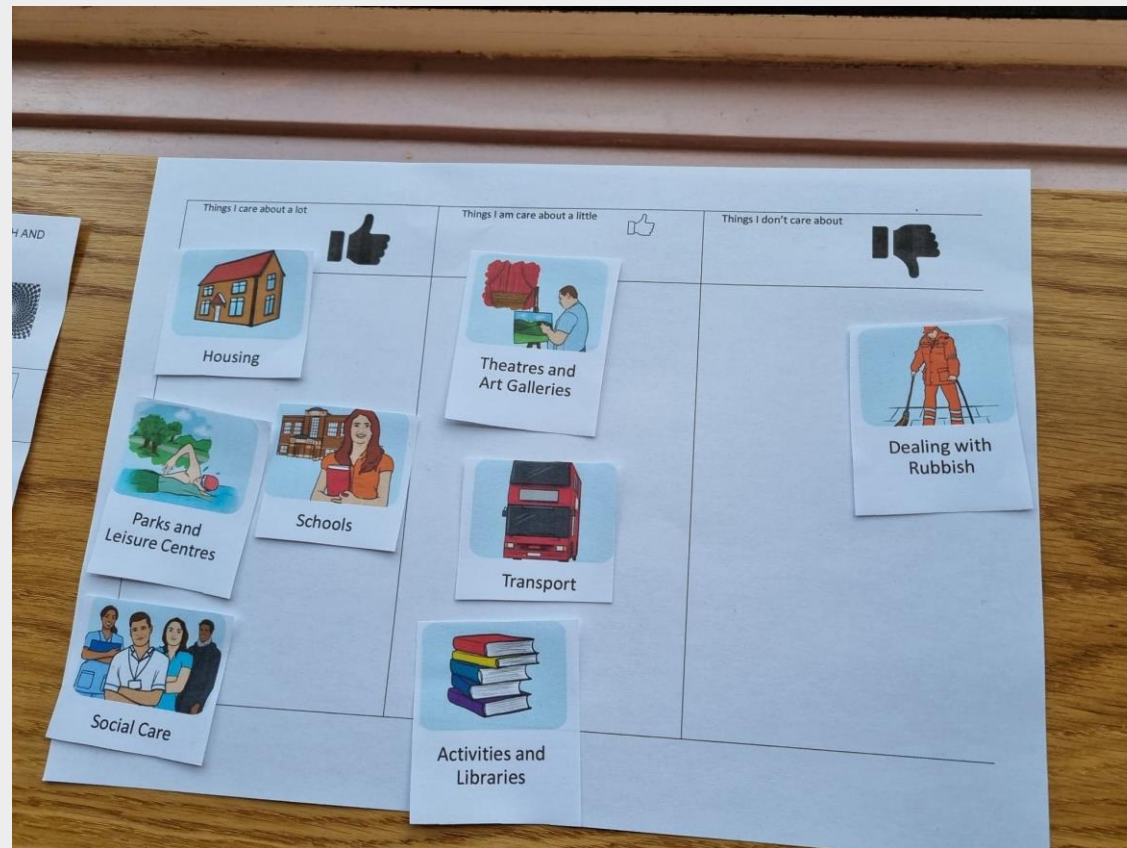
# GIVING CHOICES

- ❑ People who do not use spoken words to communicate can still make choices
- ❑ What choices do you allow people who do use spoken words to make?
- ❑ Often people with disabilities get less opportunity to make choices in their lives. Could you facilitate them to get more choices?





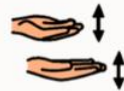
# TALKING MATS



# DECISION BOARD

yes

maybe



no

I need help



I don't know



you choose for me



what I want isn't here



I need more information



I need more time



# WHAT CHOICES SHOULD PEOPLE HAVE? WHAT WAYS CAN THEY BE GIVEN?



What choices are appropriate for people participating in equine facilitated learning?

What extra choices could they be given?

What ways do you think you could give those choices?

In breakout rooms discuss and write down the choices you could give.



# WHAT ELSE?



- ☐ What other issues do you come across?
- ☐ Is there anything we haven't covered?
- ☐ Any further thoughts?
- ☐ Any questions?

# WHERE TO CONTACT ME

- ❑ Email [traceycampbellact@gmail.com](mailto:traceycampbellact@gmail.com)
- ❑ Website [www.traceycampbellact.com](http://www.traceycampbellact.com)
- ❑ Facebook Tracey Campbell ACT
- ❑ Twitter @TrAACeyc
- ❑ LinkedIn Tracey Campbell
- ❑ Instagram tracey.campbell.5688

